CUMS & SMELLS

EATHER

NLETS

OVING WATER



LOOK OUT FOR **BLUE-GREEN ALGAE**



IS IT TOO COLD OR WINDY?



HEAVY RAIN AND RUNOFF CAN CARRY POLLUTANTS

IS THERE EVIDENCE OF SEWAGE ENTERING THE WATER?



CONSIDER TIDES AND CURRENTS

S TAND OUT CCLIMATISE

RIENDS



BE VISIBLE; USE A TOW FLOAT



FIRST, TO REDUCE RISK OF **'COLD-WATER SHOCK'**



IT'S SAFER TO SWIM WITH OTHERS



NTRY & EXIT POINTS

KNOW WHERE THEY ARE



E-WARM



REDUCE RISK OF 'AFTERDROP'. WEAR WARM CLOTHES. HAVE A WARM DRINK. **KEEP MOVING!**









Environment

Research Council





